



Havenlee School, PO Box 3082/75 Judith Drive
North Nowra NSW 2541
Telephone: 02 4421 3777
Fax: 02 4423 2139
havenlee-s.school@det.nsw.edu.au

Hydrotherapy Volunteer

Havenlee School is an SSP in North Nowra, consisting of 9 classes, years pre-school to year 12 (eight IO/IS & 1 MC). The students present with moderate to severe intellectual disabilities, often accompanied by secondary physical, behavioural and other disabilities such as Autism Spectrum Disorder. Aboriginal students make up approximately 35% of Havenlee School enrolments.

The Havenlee P&C Committee's major revenue raiser for 2018 has been the Assisted School Travel Business.

The major priorities for our financial support were again determined as the Hydrotherapy Program and the Communication Program. The Hydrotherapy Program continued to offer all our students the opportunity to benefit through swimming lessons for our more physically capable students, lessons in water safety for all, plus physical therapy for our students normally restricted to wheelchairs. We are extremely fortunate this program has been designed and run by the schools professionally trained Aus Swim teaching staff and supported by our volunteers. The P&C were able to support this program with a phenomenal \$80,000 being given to the school towards staffing and equipment.

Thanks to the P&C, the Hydrotherapy Program is running on Tuesday and Thursday. If you or anyone you know is interested in volunteering to help in the pool on either a Tuesday or Thursday phone the school.

Volunteer sessions are: 9:00am-11:30am and 12:30-2:45pm on both days. Volunteers are only expected to do one session a day. Volunteers need to be prepared to go into the pool during their session times.