



Havenlee School – Yarn Up

Newsletter

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Issue 15 - Term 4 – Week 2

Friday 15th October 2021



From the Principal

COVID-19 Update

We look forward to seeing all Preschool, Kindergarten, Year 1 and Year 12 students back full time at school next week. Then starting on Monday 25 October, all students are encouraged to return to school. All staff at Havenlee are abiding by the current COVID-19 guidelines, continually working hard as always maintaining high infection control procedures. Please read the roadmap for parents and carers attached to the newsletter for more information.

From Monday 25 October, only students with ongoing medical exceptions will receive working from home packs. Throughout the term we will update you when the COVID-19 guidelines change.

New students for 2022

There are 8 Year 12 students leaving at the end of this year so we will have 8 spaces for the beginning of next year. As a result, new students are being offered these positions. Throughout this term, new students will have the opportunity to transition one day a week into a class to help us get to know them and support them with their individual needs. Each transitioning student will have a 1:1 SLSO to help in the process.

Katrina Eyland
Principal Havenlee School

Up and Coming Events

Term 4 Week 3

Monday -
Tuesday -
Wednesday -
Thursday -


Term 4 Week 4

Monday - Hydro Therapy
Tuesday - Hydro Therapy
Wednesday - Hydro Therapy
Thursday - Hydro Therapy

Weeks 1-3 Responsible 'When I look after my things'

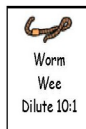
In weeks 1-3 of this term the PBL focus is responsible and students looking after their things. Explicit lessons are being taught in classrooms including manipulating an implement and following a 1,2,3 or complex instruction. Students can demonstrate looking after their things in the classroom e.g. bags, books and iPads, in the library, hall and pool. PBL tickets are given out to students looking after their things.



Havenlee Canteen Price List (Term 3 2021)			
Open Wednesday 9:45am to 10:30am in Lilli Pilli Classroom			
 <p>How to order: Write order in student diary or on a paper bag and place money with order. Your child will be taken to the Havenlee canteen to purchase their items with their class.</p> <p>Menu and Price List</p>			
Mini Choc Chip Muffins	60c each	Mini Choc Chip Biscuits	\$1.00
Mini Chocolate Muffins	60c each	Arnott's Shapes Cheese Toastie Biscuits	\$1.50
Apple Juice	\$1.20	Fruit Toast 2 slices with butter	\$1.00
Tropical Juice	\$1.20	Fresh Fruit Salad Small	50c each
Havenlee Jelly Cups	\$1.00	Fresh Fruit Salad Large	\$1.00
Winter Special		Sipahh Flavoured Milk Straws	60c each
Ham and cheese toastie	\$1.50	Chocolate, strawberry, banana, mint-chocolate, cookies and cream,	



Havenlee Worm Wee



Havenlee School is operating a school based vermiculture (worm farming) industry to provide our students with authentic "real world" school to work skills.

We would like to supply local businesses and community members with worm wee to fertilise local gardens. We will be delivering our product one day per week in the local area.

If you would like to purchase a 200ml bottle of worm wee for \$2.00 or castings (when available) for \$4.00 per 650ml container which includes delivery, please place your order in one of the following ways:

1. Phone the school on 44213777
2. Email the school at havenlee-s.school@det.nsw.edu.au

Please provide your address and contact number. Payment is required on delivery.

The project involves all our students through our whole school vocational education program.

Thank you for your support.

Havenlee Café

Myrtle will be running the Havenlee Café **every Friday** for lunch.

Please send your child's order in their communication book

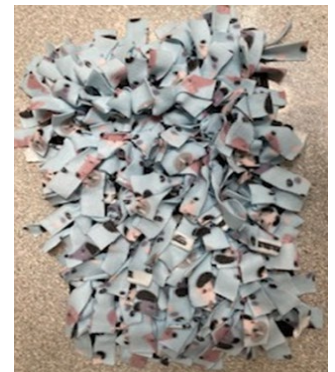
3 x chicken nuggets	\$1.50
6 x chicken nugget	\$3.00
1 serve of chips (with chicken salt)	\$1.00
Tomato sauce	50c
Barbeque sauce	50c
Chocolate milkshake	\$1.00
Strawberry milkshake	\$1.00

Bandanna Day

Havenlee School is acknowledging Canteens 'Bandanna Day' on Friday the 29th October 2021. A note will be sent home closer to the date with more information about the day and buying bandannas.

Snuffle Mats

Snuffle mats are interactive feeding mats for dogs (can also be used for cats and guinea pigs). It keeps them entertained looking for food treats that you can hide in the snuffle mat.



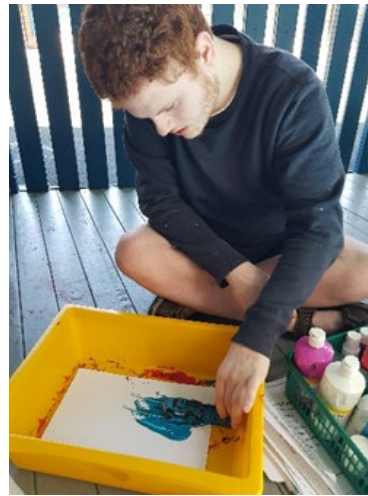
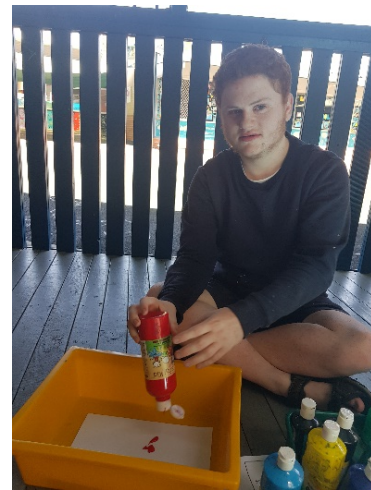
Our Year 12 students (and Myrtle) are making snuffle mats to sell as Christmas gifts for pets. Money raised will support Vocational Education programs at Havenlee School. **Cost: \$20 per snuffle mat**

Please phone the school office on 4421 3777 if you would like to purchase a snuffle mat or write a note in your child's communication book.



Year 12 LINK & Work Experience Program

Some of our Year 12 students have been enjoying a taste of what their school replacement plan may look like when they leave school at the end of this year. Activities have been gardening, cooking, making snuffle mats, dancing, music, painting and shredding.





School To Work

for Year 7-8 Students
with Disability



resourcing
inclusive
communities
An Initiative of Family Advocacy

**FREE
WEBINARS**

LEARN TO

- Develop a vision for employment
- Identify strengths, passions & interests
- Value community connections

WEBINARS

Tuesday

26 Oct 12pm-1pm

Getting Started

Tuesday

9 Nov 12pm-1pm

The Next Steps



What is School To Work?

School to Work aims to inspire and equip students with disability, through the support of families, to seek meaningful, paid employment in the community.



Who are these webinars for?

Parents, family members, educators and allies of students with disability at secondary school. All welcome.



Bookings essential

www.ric.org.au/events/

Contact us

info@ric.org.au or 1800 774 764





ARE YOU THE PARENT OR CARER OF SOMEONE WITH INTELLECTUAL DISABILITY AND/OR AUTISM ?

Family Planning NSW is making some new resources for supporting children with intellectual disability and/or autism through puberty.

We are looking for parents and carers who are interested in telling their story in some educational videos.

We will be filming topics to help parents talk about:

Experiences of puberty support
Teaching consent
Supporting independence

This is a paid opportunity

Contact
Kaidee Dick

disability@fpnsw.org.au

This project is funded by the National Disability Insurance Agency



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ARE YOU A YOUNG MAN WITH INTELLECTUAL DISABILITY AND/OR AUTISM ?

Family Planning NSW is making some new resources for supporting children with intellectual disability and/or autism through puberty.

We are looking for young men with intellectual disability and/or autism who are interested in acting or storytelling in educational videos.

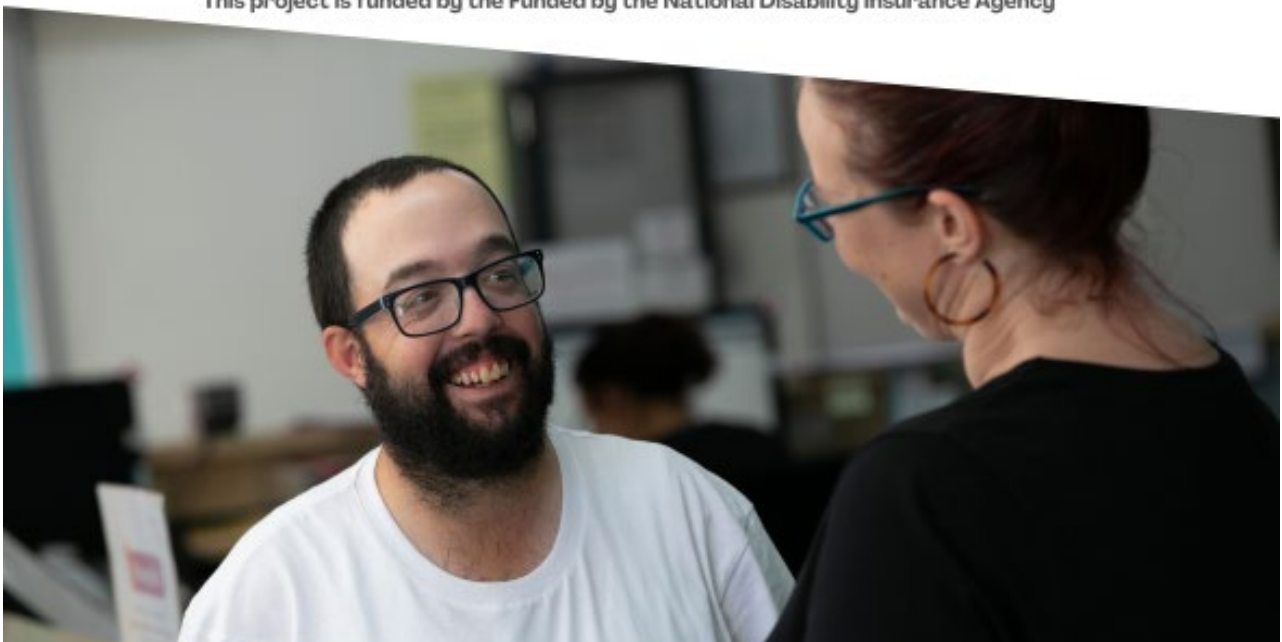
We will be filming topics to help people learn about what boys experience at puberty

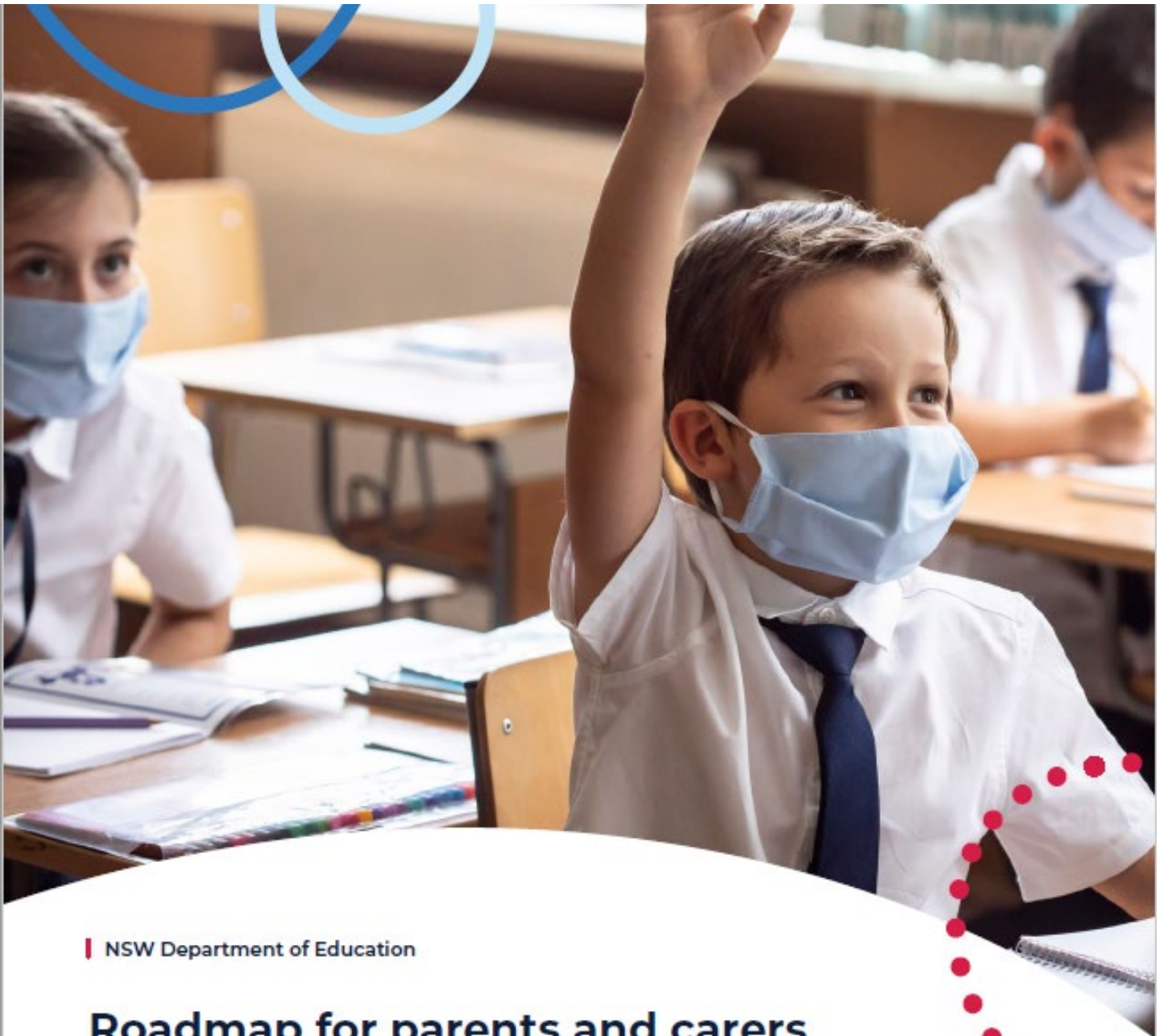
This is a paid opportunity

Contact
Kaidee Dick

disability@fpnsw.org.au

This project is funded by the National Disability Insurance Agency





NSW Department of Education

Roadmap for parents and carers Return to school for Level 3 plus

Information current as at 7 October 2021.

Developed in partnership with NSW Health

education.nsw.gov.au/covid-19/advice-for-families



In Term 4, schools will return to face-to-face learning either through a 'staged return' or 'full return'.

The best learning environment for students is in the classroom and we are looking forward to welcoming back our staff and students in Term 4. We know that while there will be excitement, there will also be some anxiety and uncertainty about being back together at school.

Recent evidence shows that very little COVID transmission happens between children in school settings, and only a very small number of children who contract COVID-19 get seriously ill. However, to support school safety we are requiring all staff on site to be fully vaccinated, and we are strongly encouraging our students and school community to do the same.

We have worked with NSW Health on our COVID-safe plan to return to school sites and have developed effective practices to support this, including staff vaccinations, mask wearing, reduced mingling of staff and student groups, ventilation in classrooms and continued good hygiene and cleaning. We are confident that this, in combination with support from our school community, will minimise risk and help to keep schools open and students learning face-to-face next to their peers.

How the staged return to school will work

Students will return to face-to-face learning at school in the following order:

- from 18 October – department preschool, Kindergarten, Year 1
- from 25 October – all remaining year groups.

To maximise the re-establishment of a consistent routine, students who attend schools for Specific Purposes (SSPs) are recommended to return at the same time as students in mainstream settings. Students with disabilities in mainstream classes or support classes can also return as part of the staggered return at the same time as their year groups.

Students completing their HSC can already return in a limited way and this will continue for the first two weeks of Term 4. From 18 October, these students will have full-time access to school campuses and their teachers.

Some schools may have slightly different return to school plans, particularly if they have stage based classes or are very small schools.



School attendance

All students should be at school on the date indicated for their year group, unless:

- they have a medical certificate which says they can't return to school due to a condition or illness
- they are currently unwell
- they have been asked by NSW Health to self-isolate.





Wellbeing

If you are worried that the impacts of COVID-19 or going back to face-to-face learning may be affecting your child's wellbeing, please discuss this with your child's teacher.

You can find more information to help your child's wellbeing through the mental health and wellbeing resources on the department's website.



Break times, drop-offs and pick-ups and canteens

To make sure students reduce the risk of transmission across cohorts, schools will put in place staggered recess and lunch breaks, start and finish times and drop-off and pick-up points.

Students can use the canteen during breaks. This will be different at each school depending on the size of the school, the number of students, traffic flow and other factors.

Creating a safe learning environment



Masks and face coverings

Masks will be mandatory for all staff and all students in Year 7 and above while they are indoors and outdoors on school sites unless eating or exercising. Masks are strongly recommended for primary students both indoors and outdoors unless eating or exercising.

Students should bring their own masks where possible, but schools will have back-up supplies just in case.

Masks are mandatory for all travel on public transport for children 13 years and older.



Physical distancing

All adults must keep 1.5 metres distance from each other, including teachers and support staff, and parents and carers waiting to collect children.

Physical distancing between children in the same class is not required under the latest health guidelines. Mixing between class groups will be minimised and students will be supported to follow strict hygiene practices like:

- regularly washing hands
- not sharing drinks or food
- coughing or sneezing into their elbow, or else using a tissue which should be put in the bin straight away
- filling water bottles from bubblers rather than using the bubbler directly.



Vaccination

All adults at school sites, including employees, contractors, volunteers and essential visitors, must be fully vaccinated against COVID-19 by 8 November 2021. Adults that are required to support the staged return to school in October 2021 will be required to have received two doses of COVID-19 vaccine by that date. For schools under Level 3 settings, adults are strongly encouraged to have had two doses of a COVID-19 vaccine, but are not required to be fully vaccinated until 8 November.

Students aged 12 or above are now eligible for a COVID-19 vaccination. Parents and carers can book in a Pfizer or Moderna vaccine now.

Vaccination appointments are available at more than 3,000 locations across NSW, including GPs and pharmacies. For students and families who have questions or concerns related to getting vaccinated, refer to [NSW Health's Know the facts COVID-19 vaccination fact sheet](#).

education.nsw.gov.au/covid-19/advice-for-families

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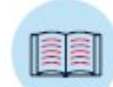




School cleaning and hygiene supplies

Schools will continue to receive additional cleaning in line with advice from NSW Health.

Schools have received extra supplies of soap, hand sanitiser, toilet paper, paper towels, disinfectant wipes and personal protective equipment and can order more as needed.



School activities

Many school-based activities will remain on hold, including large celebrations such as presentation days and graduations, arts and sports events. For a full list of what is permitted and what is on hold, refer to education.nsw.gov.au/covid-19/advice-for-families.



Visitors

Only essential visitors are allowed on school sites at this time. When dropping off or picking up your child, parents and carers need to stay outside school grounds, you will need to wear a mask and physically distance. Some exceptions may exist for:

- schools for specific purposes
- vulnerable students
- students with disability
- preschools.

In these instances, follow the vaccination and mask-wearing requirements and sign in using the Service NSW QR code when entering the school.



Ventilation

Open or well-ventilated spaces reduce the risk of COVID-19. Where possible classroom doors and windows will remain open and fans and air-conditioners will be set to use outside air, where possible.



Rapid antigen testing

We are exploring with NSW Health the use of COVID home testing kits (known as rapid antigen testing) as a further screening measure to reduce the risk of outbreaks in schools, or the length of time students need to isolate after contact with someone with COVID. Further details will be provided in Term 4.



Reporting and assessment

You will receive your child's Semester 2 report by the end of the year. This will be a simplified version of the report you normally receive.





Orientation and transition to school

We have flexible arrangements so that students and parents and carers can still get help with orientation and transition to school in a COVID-safe way. Kindergarten and Year 7 transition and orientation programs will be virtual for schools doing a staged return. Transition and orientation programs will be possible for other schools, however only children will be allowed on school grounds.



Responding to COVID-19 cases

Where there is a case of COVID-19 in the school community, the department has established systems and protocols with NSW Health to manage and respond accordingly to keep our staff and students safe. These protocols include communication with parents or carers if their child has been in contact with someone who has tested positive to COVID-19 while at school or if the school becomes closed.



If your school reverts to learning from home

If schools revert to learning from home due to a Public Health Order or direction from NSW Health or the Department, the school will continue to provide learning activities for your child to do at home and will communicate with you about their learning.

If your child's school needs to revert to remote learning, your school will let families know through the usual channels, which might include email, social media or the school website.



If your school becomes closed due to a COVID-19 case

Parents and students will be notified when a decision is made to make the school closed for onsite attendance due to a confirmed case of COVID-19 or other events that require the school to close. Information about the operational status of the school will be distributed through the school's information channels, including the school website, Schools Safety App, any school social media channels and the department's website. During this period, the school will continue to provide learning activities for your child to do at home and will communicate with you about their learning. Parents and students will be informed by the department when the school is ready to resume onsite learning.



Get in touch with questions or concerns

Your principal has already started planning for a COVID-safe return at your school, taking into account the unique needs of their students and school. To support this planning, and to allow for your teachers to be fully vaccinated by 8 November or earlier, it is important that students return on the date specified for their year group.

Get in contact with your principal directly if you would like more information about your school's COVID-safe return to school plan or if you have concerns or questions about your child being back in their classroom for face-to-face learning in Term 4.

If you need further information, please call your school. If you need an interpreter to assist you with your enquiry, please call the Telephone Interpreter Service on 131 450 and ask for an interpreter in your language. You will not be charged for this service.

Say hello

@NSWDepartmentofEducation
 @NSWEducation
 @NSWEducation
[education.nsw.gov.au](https://www.education.nsw.gov.au)

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 GPO Box 33 Sydney NSW 2001 Australia
 T 1300 679 332



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Information for COVID-19 Close Contacts



health.nsw.gov.au

Close Contacts of COVID-19 (Non-Household)

If you have been told you are a close contact of someone with COVID-19:

- Get tested for COVID-19 immediately and if you develop symptoms at any time during your self-isolation period
- Self-isolate in your home for 14 days since you last saw the person with COVID-19

How will I be notified I am a close contact?

There are four ways you may find out you are a close contact of COVID-19, you may:

1. Receive a text message from NSW Health
2. Recognise a location you have been to on the NSW Government [case locations web page](#)
3. Be informed by your employer that you've been near a confirmed case at work
4. Be informed directly by someone who has found out they have COVID-19, if they are someone you know

If you live with someone who has COVID-19, please read the [Household Contacts fact sheet](#).

What do I need to do?

Self-isolate immediately

You must isolate for at least 14 days since you were last with a person with COVID-19, even if you are vaccinated or feel well. Please see the [Self-Isolation Guidelines](#) for more information about how to self-isolate.

If you live with someone who works in a high-risk setting (such as a hospital or aged care facility) they will need to self-isolate with you until you receive your first negative test result. Workers from high-risk settings who live with a close contact should speak to their employer about returning to work.

You must get tested for COVID-19

You must be tested with a nose and throat (PCR) test as soon as possible after you have been notified. Even if you don't have symptoms, you must get tested as your [nearest testing centre](#). You will need another test between days 10 and 14 of your self-isolation period to be sure there is no infection before your release from isolation.

If you develop [symptoms of COVID-19](#) at any time during this period, you must get tested.

You must not travel by public transport, taxi or ride-share to get your COVID-19 test. You must travel by private vehicle, cycle or walk. Wear a face mask that always covers your nose and mouth and tell staff immediately that you are a close contact of a person with COVID-19.



If you cannot go to a testing clinic, call your GP to discuss if they can arrange home testing. If your GP is unable to arrange COVID-19 home testing, your Local Health District may be able to assist you. This service may be limited to people who cannot leave home due to disability, injury, chronic health issues or old age.

Monitor for symptoms

If you start to feel unwell and your symptoms are getting worse contact your GP, Healthdirect (1800 022 222) or in an emergency dial 000. Let them know you are currently self-isolating as you have been identified as a close contact to someone positive for COVID-19. Ambulance services are provided free of charge to people who are confirmed or suspected to have COVID-19. Hospital care for COVID-19 is free.

How do I self-isolate?

Do not leave your home

You are only allowed to leave your home to get a COVID-19 test, for urgent medical care or in an emergency (including to avoid injury or escape risk of harm from domestic violence). If you leave home for any of these reasons, you must wear a face mask, stay 1.5m away from anyone else, travel directly to and from where you need to go and self-isolate in suitable accommodation as soon as possible.

Self-isolation means you **cannot**:

- Go to work or school
- Go to any public places
- Use public transport or ride share
- Have any visitors in your home.

Practice good hygiene

- Cover coughs and sneezes.
- Wash your hands with soap and water for at least 20 seconds or use alcohol-based hand sanitiser:
 - Before entering an area where there are other people
 - Before touching things used by other people
 - After using the bathroom
 - After coughing or sneezing
 - Before putting on and after removing face masks
 - Before eating or drinking.
- Clean all surfaces you touch often (such as tabletops, doorknobs, bathroom fixtures) at least once a day using household disinfectant or diluted bleach solution.

What if I live with other people?

You should isolate away from people in your home as much as possible, including:

- Staying and sleeping in a separate room
- Use a separate bathroom if available, and clean after use
- Do not be in the same room as another person (even if they are also in isolation)
- Do not share household items including dishes, cups, towels and bedding. After using these items, wash them thoroughly with soap



What if I cannot self-isolate from people I live with?

If you live with people who you cannot self-isolate from you (e.g. a child or carer where alternative arrangements cannot be made), they will be required to self-isolate with you for your whole quarantine period (14 days from your exposure to COVID-19). They will need to get tested for COVID-19 at the same time as you.

What if I need food or medication?

Ask your family or friends who do not live with you to help pick up groceries and medicines as needed. Food and medication can also be ordered online or by telephone. Ask them to leave the food on your doorstep and wait until they have left before opening the door with a mask on. If you have no other way of obtaining food or other essentials call Service NSW (13 77 88).

Welfare and clinical assistance

If you need other practical support or have non-urgent health related questions during isolation call 1800 943 553.

When can I leave self-isolation?

You must only stop self-isolating after 14 days have passed since your last contact with COVID-19 AND your COVID-19 test taken between days 10 and 14 is negative AND you do not have any COVID-19 symptoms.

NSW Health does not routinely inform close contacts of their clearance to leave self-isolation - once you have met these conditions you can leave self-isolation and you can return to your daily activities in line with the [current restrictions in NSW](#). You must be able to show evidence of your negative COVID-19 test result taken between day 10 and 14 if requested by NSW Health or by Police.

What if I have already had COVID-19?

If you have been diagnosed with COVID-19 in the last 6 months you do not need to self-isolate. However, if you experience symptoms of COVID-19 please get tested immediately. If your diagnosis was more than 6 months ago you must self-isolate immediately, get tested as soon as possible and follow the advice for a household contact.

How do I cope with self-isolation?

Self-isolating can be difficult for you, your family and everyone living with you. Some strategies to help you cope include:

- Keep up a normal daily routine as much as possible
- Keep in touch with family and friends via telephone, social media or email
- Exercise at home where possible, such as doing floor exercises, yoga, spending time in private balconies or backyards, or using home exercise equipment, if available
- Take care of yourself and try to eat healthy foods.

Mental health support

For mental health support:

- NSW Mental Health Line – 1800 011 511
- Beyond Blue helpline – 1800 512 348
- Lifeline – 13 11 14
- Or visit the Services NSW Mental wellbeing [resources](#)
- NSW Health has partnered with Sonder to provide a personal wellbeing service, available to help support you. The app provides access to 24/7 multilingual chat & phone access to a



range of mental health, medical and wellbeing support services. You can [download the Sonder app](#) for free. You may **also** receive a text message from Sonder notifying you that you have free access to the app through NSW Health. Downloading the app is optional and Sonder do not retain or use your data for any other purpose than notifying you of this service.

For domestic violence support:

- National sexual assault and domestic violence helpline – 1800 RESPECT (1800 737 732)
- Kids Helpline – 1800 55 1800.



Vaccine Information

People aged 16 years and above are now eligible for a COVID-19 vaccination.

Vaccination appointments are available at more than 3,000 locations across NSW, including GPs and pharmacies. More appointments will become available as supply increases, so keep checking for new appointments in coming weeks.

Young people can catch and spread COVID-19. More than 30% of cases of COVID-19 in NSW are people under 20. For questions about vaccination, speak with your provider.

Why get vaccinated?

People of all ages can get COVID-19.

If you live in an area of concern, the chances you will come in to contact with the virus are higher. Two doses of a vaccine will:

- Reduce the chance you will be infected with COVID-19 by 60-80%
- Give you around 90% protection against hospitalisation and death from COVID-19 if you are infected
- Significantly reduces the spread of COVID-19 to others. Even if you don't have symptoms or get sick, you can still pass the virus on to others. Getting vaccinated also helps to protect those you live with and the community.

If you are unwell, get tested

- You must not attend your vaccination appointment if you have any COVID-19 symptoms.
- Get tested if you have the mildest of symptoms or even if you have been vaccinated.
- Self-isolate until you get a negative test result.
- Stay home if you're unwell

Know the facts on COVID-19 vaccination

For more information on frequently asked questions about COVID-19 vaccines, check out [Know the Facts](#)

Please contact the COVID-19 vaccine helpline on 1800 020 080 or visit the NSW Government's COVID-19 website if you have further questions.

This communication is based on advice from NSW Health.

