



Havenlee School – Yarn Up

Newsletter

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Issue 13 - Term 3 – Week 8

Friday 9th September 2022



From the Principal

SASS Recognition Week

This week is SASS Recognition Week where we join schools across the state to **recognise our non-teaching staff** and celebrate their integral work in our schools. At Havenlee, the SASS staff include the office staff, general assistant and the SLSOs. They are the backbone of our school and a critical members of the school community, helping our learners reach their full potential every day.

SASS are the wonderful people who answer the phones and welcome you when you come into the office or mow the lawns and fix the broken door. They are also the people who meet you at the bus bay in the mornings when your child arrives at school. They are the people that give first aid and medications and assist in the classrooms with class work, feeding and toileting. They are the ones who are in the background cleaning and tidying up after everyone else. As a teacher and now a Principal, I know how much I have in the past and still do rely on the SASS staff. We are particularly fortunate at Havenlee School as our SASS staff are very hard-working and are dedicated to supporting your children whilst they are at school. Next time you see our office workers or SLSOs, please take time to thank them for the terrific job they do at Havenlee. On Thursday, the teachers provided a special morning tea/lunch to show how

much we value their contribution and say a big thank you for their dedication to the wellbeing of all the students.

Multi Class Athletics Boys Champion

During Assembly on Monday 9 September, Kynan was presented with a South Coast Athletics medal for the Multi-Class Boys Age Champion as a result of his impressive performance at the recent Regional Secondary Athletics Championships. We want to express a huge Congratulation and wish him all the best in the state competition which is being held this week.



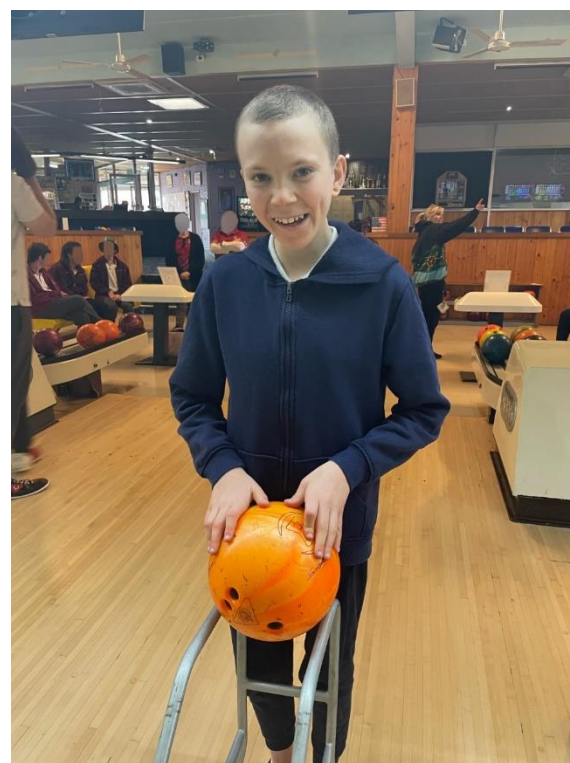
Year 12 Aboriginal Graduation

On Monday 9 September the 2022 Shoalhaven Aboriginal Student Graduation Ceremony was held at Bomaderry High School, celebrating Shoalhaven Aboriginal Students completing Year 12. Sixty students from 8 local High Schools graduated on the evening. This year Havenlee had one Aboriginal Student graduating; Jayden. Two staff members and Jayden's family made up a table for the evening. Jayden looked very grown up in his formal outfit. It was wonderful to see so many of the local community come together (after two years of not being able to meet because of COVID restrictions) to celebrate their students' successes.



Ten Pin Bowling Competition

On Wednesday 7 September 8 Senior students (forming 2 teams) represented the school for a regional Ten Pin Bowling Competition. Everyone had a fabulous time and had excellent sportsmanship.





Kind Regards,

Katrina Eyland

Katrina Eyland
Principal Havenlee School



Up and Coming Events

Term 3 Week 9

Monday – Hydrotherapy
 Tuesday – Hydrotherapy
 Wednesday – Hydrotherapy
 Thursday – Hydrotherapy
 Friday –

Term 3 Week 10

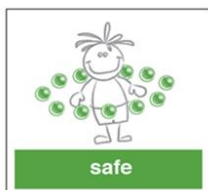
Monday – Hydrotherapy
 Tuesday – Hydrotherapy
 Wednesday – Hydrotherapy
 Thursday – Hydrotherapy
 Friday – Last Day of Term 3

LAST DAY OF TERM 3 IS FRIDAY 23RD
SEPTEMBER 2022
FIRST DAY OF TERM 4 IS MONDAY
10TH OCTOBER 2022

Weeks 7-10- Safe

'When I use my body the right way'

In weeks 7-10 of this term the PBL focus is safe and students using their bodies in the right way. Explicit lessons are being taught in classrooms including following a 1,2,3 or complex instruction, pointing to or at an object and making a choice between 2, 3 or an array. Students can demonstrate safe use of their bodies in classroom activities, sport, hydrotherapy, work crews and transitions. PBL tickets are given out to students using their bodies in the right way.



Worm Wee
 Dilute 10:1

Havenlee School is operating a school based vermiculture (worm farming) industry to provide our students with authentic "real world" school to work skills.

We would like to supply local businesses and community members with worm wee to fertilise local gardens. We will be delivering our product one day per week in the local area.

If you would like to purchase a 200ml bottle of worm wee for \$2.00 or castings (when available) for \$4.00 per 650ml container, which includes delivery, please place your order in one of the following ways:

1. Phone the school on 4421 3777.
2. Email the school at havenlee-s.school@det.nsw.edu.au

Please provide your address and contact number. Payment is required on delivery.

The project involves all our students through our whole school vocational education program.

Thank you for your support.



Havenlee Canteen Price List (Term 2 2022)

Open Thursday 9:45 am to 10:30 am
 in Lilli Pilli Classroom

How to order: Write your child's order in their student diary or on a paper bag and place their money with their order. Your child will be taken to the Havenlee canteen to purchase their items.

Mini Blueberry Muffins	60c
Mini Choc Chip Muffins	60c
Mini Chocolate Muffins	60c
Apple Juice	\$1.00
Tropical Juice	\$1.00
Sipahh Flavoured Drinking Straws with milk	60c
Chocolate, strawberry, banana, mint chocolate, cookies and cream.	
Choc Chip Biscuits mini bag	60c
Fruit Toast 2 slices with butter	\$1.00
'Winter Special' Cheese Toastie	\$1.00
Arnott's Shapes mini bag (Pizza, BBQ or Chicken)	60c

Havenlee Café

Myrtle will be running the Havenlee Café **every Friday** for lunch.

Please send your child's order in their communication book

3 x chicken nuggets	\$1.50
6 x chicken nugget	\$3.00
1 serve of chips (with chicken salt)	\$1.00
Tomato sauce	50c
Barbeque sauce	50c
Chocolate milkshake	\$1.00
Strawberry milkshake	\$1.00

Snuffle Mats

Snuffle mats are interactive feeding mats for dogs (can also be used for cats and guinea pigs). It keeps them entertained looking for food treats that you can hide in the snuffle mat.



Our Year 12 students (and Myrtle) are making snuffle mats to sell as gifts for pets. Money raised will support Vocational Education programs at Havenlee School.

Cost: \$20 per snuffle mat (cash only)

Please phone the school office on 4421 3777 if you would like to purchase a snuffle mat or write a note in your child's communication book

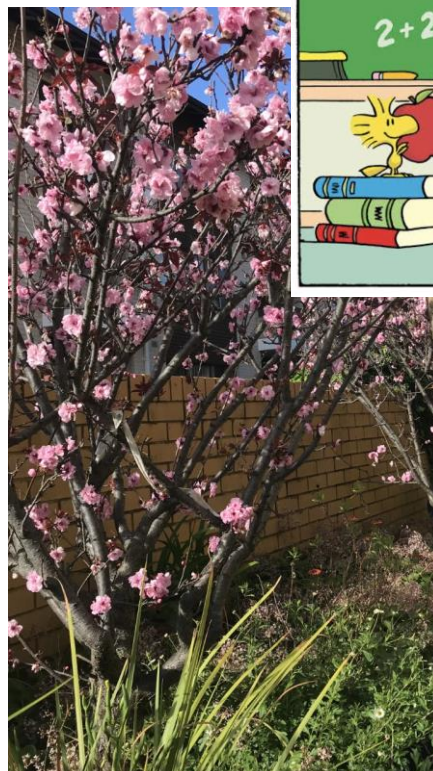
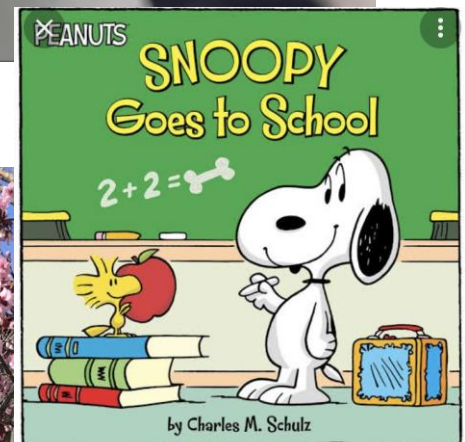


Chaplains Chat

I am continually surprised by the skills of our students at Havenlee. These are often displayed both in the classroom and in the playground too.

Hope you are all enjoying the spring warmth which is a welcome change!

Thanks, Julie



Hydrotherapy Reminder

A reminder to all parents/carers that the hydrotherapy program is now running. Please see below timetable:

Monday	Tuesday	Wednesday	Thursday
Banksia Myrtle	Tea Tree Waratah	Paperbark Gumnuts	Acacia Wattle



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New Senior Uniform

The new senior polo shirts have arrived and are ready to be purchased. This uniform is not compulsory. \$25 cash only from the school office.



North Nowra Public School Canteen

North Nowra Public School Canteen has officially reopened on Mondays, Wednesdays and Fridays. Please see below for their updated canteen menu.



NNPS Canteen Menu



Cold Food

Sandwiches and Salad Boxes

• Vegemite	\$1.50
• Jam	\$1.50
• Honey	\$1.50
• Cheese	\$2.00
• Ham	\$2.50
• Chicken	\$2.50
• Tuna	\$2.50
• Salad Box	\$3.50
• Fruit Salad Box	\$3.50
• Ceasar Salad Box	\$3.50

Hot Food

• Cheese Toastie	\$2.00
• Ham & Cheese Toastie	\$2.50
• Pie	\$3.00
• Sausage Roll	\$3.00
• Chicken Burger	\$3.50
• Cheese Burger	\$3.00
• Mac & Cheese	\$3.00
• Noodle Cup	\$2.00
• Chicken Nuggets & Salad	\$4.50

Snacks

• Popcorn	\$0.50
• Fruit Cup	\$1.00
• Veggie Cup	\$1.00
• Jelly Cup	\$1.00
• Yogurt Cup	\$1.00
• Custard Cup	\$1.00
• Cheese & Cracker Cup	\$1.50
• Piece of Fruit	\$1.00
• Homemade Muffin	\$1.50
(Vanilla, Blueberry, Banana)	
• Packet of Chips	\$1.00
(Rice/Veggie Sticks, Plain, Honey Soy, Mammee Noodles)	

Drinks

• Water	\$2.00
• Fruit Juice	\$1.50
• Flavoured Milk	\$2.00
• Hot Milo (Winter)	\$1.00
• Slushie (Summer)	\$1.00

Frozen Treats

• Frozen Yogurt	\$2.00
• Moosie Frozen Milk	\$1.50
• Quelch Sticks	\$1.30

Additional Extras

• Lettuce	\$0.30	• Beetroot	\$0.30
• Tomatoe	\$0.30	• Sauce	\$0.30
• Carrot	\$0.30	• Cheese	\$0.50
• Cucumber	\$0.30		

Specials

Monday
Chicken and Gravy Roll

Wednesday
Taco Bowl or Pizza

Friday
Hotdog or Spaghetti

\$5.00

Lunch Packs

Hot Food Pack

Choice of Hot Food option
Fruit juice or Water
Fruit or Veggie Cup
Muffin

Cold Food Pack

Choice of Cold Food option
Fruit juice or Water
Fruit or Veggie cup
Muffin

\$7.00



\$6.00





NSW
GOVERNMENT

RESPECTFUL



SAFE



RESPONSIBLE



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Term 3 Whole School Reward

Havenlee's Got Talent

Monday Week 10

Student only event



Havenlee Fire Bricks



Going camping?

Have a firepit?

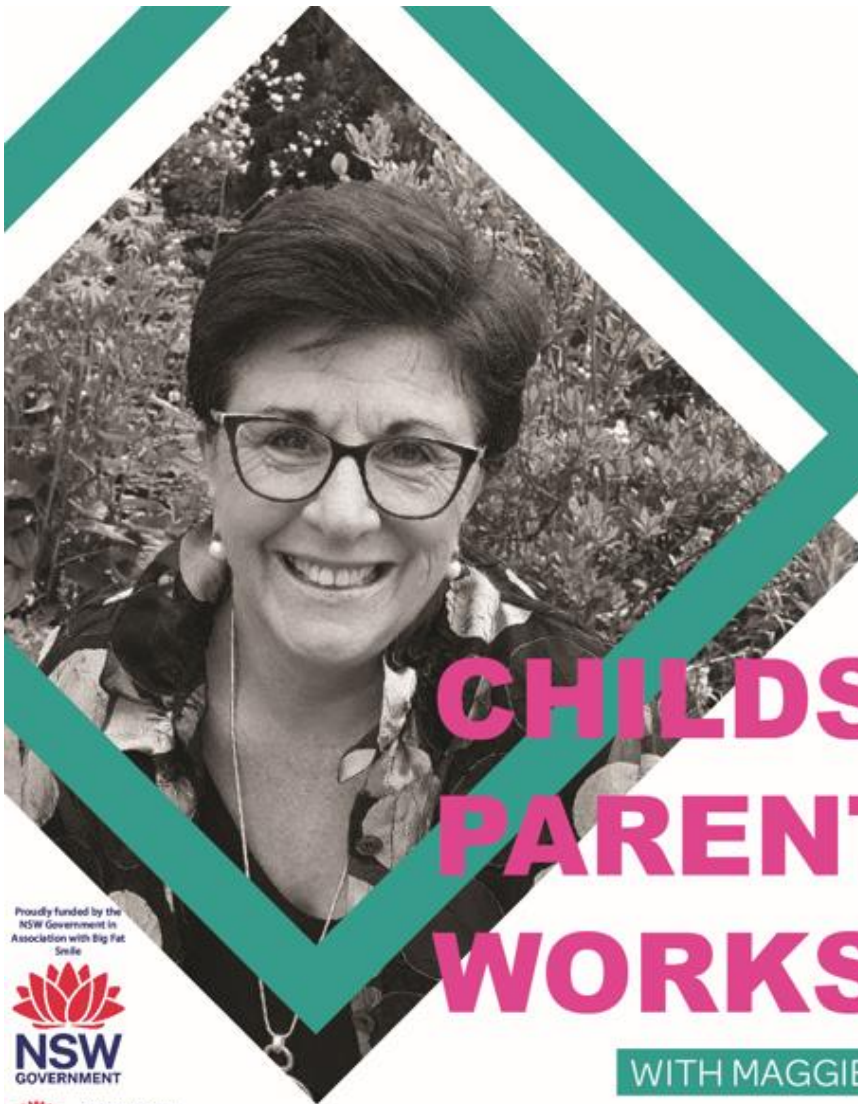


**Buy some of our fire bricks to get
your fire started!**

**\$3.00 for 6 fire bricks or
50c each (Cash Only).**

Made from shredding in Vocational Education





CHILDSAFE PARENTING WORKSHOP

WITH MAGGIE DENT

Proudly funded by the
NSW Government in
Association with Big Fat
Smile



Office of the
Children's Guardian



Australian Government
National Office for Child Safety

25
OCTOBER
2022
6-7:30PM
5:30PM LIGHT SUPPER

Ulladulla Civic Centre

Early Learning & Care provider Big Fat Smile is celebrating Children's Week by inviting you to join author, educator and parenting and resilience specialist Maggie Dent as she presents her workshop *"Exploring Children's Anxiety"*.

Maggie will explore what anxiety is and what we, as parents and educators, can do to help reduce anxiety and fear in today's children.

*Tickets are Free
and available at*
www.bigfatsmile.com.au



LIVING WELL PHOTOGRAPHY COMPETITION 2022



First Prize \$300

Second Prize \$200

Third Prize \$100

THEME: BUILDING RESILIENCE

Our lives after the COVID-19 pandemic have changed in so many ways. Social distancing, health screening, mask wearing, hand hygiene and isolation have become the new norm. We are seeking photographs that portray your resilience post pandemic. Show us the things that keep you strong, safe and positive. Share with us the moments that gives you hope and happiness with each new day. Tell us about you and your strengths. Along with your photograph we want you to tell us, in a maximum 100 words, the thoughts and feelings behind your photograph.

SLHD Staff Award \$100
Technical Award \$100

FREE ENTRY

INFORMATION & REGISTRATION

<https://www.slhd.nsw.gov.au/MentalHealth/photocompetition.html>



Health
Sydney
Local Health District

**SUBMISSION BY
30.09.2022**



FREE parent and carer webinar – games and apps

Is gaming
**causing stress
in your family?**



Online games can be fun for your child while helping them learn and make friends. But there can be risks, like seeing violent content, being bullied or being contacted by strangers.

[Watch this short video](#) for some easy things you can do to help keep children safe playing games online or read about it in [the advice sheet](#). The video and advice sheet comes in, [English, Simplified Chinese, Arabic, Vietnamese, Tamil and Dari](#).

You can also register for our [FREE live webinar](#), 14 September for tips on helping your children stay safe when online gaming.





NOWRA NDIS GROUP PROGRAM 9393-9534

Where mental wellbeing thrives

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8.30-11.00 SWIMMING</p> <p>12:30-1:00 HEARING VOICES NETWORK</p>	<p>9:00 – 11:00 THIS WAY UP (self-help group, Mindfulness for anxiety and depression)</p> <p>10:00 – 11:00 DRUMMING</p> <p>1:30-3:30 THE BUS OUTING GROUP</p>	<p>1:30-3:30 VARIETY/ART GROUP (FORTNIGHTLY)</p>	<p>11:00-1:30 RABI'S COOKING GROUP</p> <p>11:30-12:30 MEDITATION GROUP (FORTNIGHTLY) Currently Full</p> <p>2:00-3:30 FLOURISHING RAINBOWS GROUP LGBTQIA+ (FORTNIGHTLY)</p>	<p>9:00-10:30 BREATH & RELAX CHAIR YOGA</p> <p>2:00-3:00 WEEKLY BOOK HANGOUT</p>	



Shoalhaven Disability Expo 2022



Shoalhaven Disability Expo 2022

Wednesday | 28th September | 10am to 1pm

Shoalhaven Indoor Sports Centre

Cambewarra Road, Bomaderry NSW

The Shoalhaven Disability Expo returns for its 8th Year. The place to be for all things NDIS is the Shoalhaven's biggest annual event for people with disabilities, their families, carers and friends.

The Shoalhaven Disability Expo is free and will host many providers & services covering, education, employment, accommodation, advocacy, equipment, recreation and more.

Join us for a day of information, entertainment & activities

To register please scan the QR code



NSW South Coast Bravehearts Invite you to **Ditto's Teddy Bears Picnic**

Saturday 10th September 2022

MARRIOTT PARK, NOWRA

11am to 2pm

For more information email: nswsouthcoast@bravehearts.org.au

*Bring a picnic blanket
and teddy bear*

Children's Activities

Story Corner

Gold coin entry

Face Painting

Colouring in Competition

Live entertainment

and loads more

Bravehearts
bravehearts.org.au



**Colouring in competition picture on
next page.**



Join us at Ditto's Teddy Bears Picnic

Event Details:

10th September 2022
Marriott Park, Nowra
Children's Activities
11am - 2pm



Name: _____ Year group: _____
Contact Details _____
School: _____

*Please return completed picture to your School
or Fix Auto, 315 Princes Hwy, Bomaderry by
2nd Sept 2022*

Bravehearts
bravehearts.org.au

*Winners announced at the event.
nswsouthcoast@bravehearts.org.au*