



Havenlee School – Yarn Up

Newsletter

75 Judith Drive, North Nowra, NSW, 2541 (PO Box 3082) Ph: 44213777, Email: havenlee-s.school@det.nsw.edu.au

Issue 15 - Term 4 – Week 2

Friday 21st October 2022



From the Principal

Newly Established Class

Blue Gum class started at the beginning of this term in what was the old staffroom. Amanda C and Jess S and their SLSOs have done a great job in turning it into a fun junior class. We welcome Abel, Mackenzie, Ming and Harrison to our school. They are all settling in well to their classes.

Transitions

This term we have 4 students who will be transitioning once a week into Blue Gum class, getting them ready for Kindergarten next year. This week we welcomed Katai and Ivy. Aaron and Charles will join in the fun next week. Each student has a 1:1 SLSO with them to make their transition as smooth as possible.

Australian Primary Principals Association (APPA) State Conference

This year the APPA is being held in Sydney and is combining with the NSW Primary Principal Association Conference. I will be attending the conference between the 1-4 November. The theme for 2022 is “reCONNECT, reENGAGE, reIMAGINE.” The conference is a great professional learning and collaboration opportunity for educational leaders in primary schools across Australia. There is a range of outstanding speakers to challenge, reinforce our beliefs and learn from and refresh our thinking so that we can be re-energised in our schools.

Changes to End of Term

The Department is rolling out New Syllabuses across K-10 next year. Because of limited opportunities over the last few years for teachers to engage in and become familiar with the new documents and resources (due to COVID), the Department of Education is providing 2 additional school development days – one in 2022 and one in 2023 – to support teachers' professional learning and development. The additional School Development day will be held on Monday 19 December 2022 (Tuesday 20 December is already a school development day). On Monday 19 December there will be minimal supervision. ASTP buses will still be running. Closer to the date you will get reminders and will be able to let us know whether your child will be attending school on this day.

Dates for end of term:

- Wednesday 30 November Yr 12 Graduation Assembly
 - Monday 5 December Presentation Assembly
 - Thursday 15 December Principal RAP Award Lunch Party
 - Friday 16 December Whole School (in classes) Water Play Fun Day
 - Monday 19 December Staff Development Day with minimal supervision
 - Tuesday 20 December Staff Development Day
- Students on holidays

Kind Regards,

Katrina Eyland
Principal
Havenlee School



RESPECTFUL



SAFE



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Up and Coming Events

Term 4 Week 3

Monday – Hydrotherapy
 Tuesday – Hydrotherapy
 Wednesday – Hydrotherapy
 Thursday – Hydrotherapy
 Friday – Teachers Day

Term 4 Week 4

Monday – Hydrotherapy
 Tuesday – Hydrotherapy
 Wednesday – Hydrotherapy
 Thursday – Hydrotherapy

Weeks 1-3 Responsible ‘When I look after my things’

In weeks 1-3 of this term the PBL focus is responsible and students looking after their things. Explicit lessons are being taught in classrooms including manipulating an implement and following a 1,2,3 or complex instruction. Students can demonstrate looking after their things in the classroom e.g. bags, books and iPads, in the library, hall and pool. PBL tickets are given out to students looking after their things.



Worm Wee
 Dilute 10:1

Havenlee School is operating a school based vermiculture (worm farming) industry to provide our students with authentic "real world" school to work skills.

We would like to supply local businesses and community members with worm wee to fertilise local gardens. We will be delivering our product one day per week in the local area.

If you would like to purchase a 200ml bottle of worm wee for \$2.00 or castings (when available) for \$4.00 per 650ml container, which includes delivery, please place your order in one of the following ways:

1. Phone the school on 4421 3777.
2. Email the school at havenlee-s.school@det.nsw.edu.au

Please provide your address and contact number. Payment is required on delivery.

The project involves all our students through our whole school vocational education program.

Thank you for your support.



Havenlee Canteen Price List (Term 4 2022)
 Thursday 9:30am to 10:15am
 in Waratah Classroom

Open every Thursday including the first and last week of each term.

How to order: Write your child's order in their student diary or on a paper bag and place their money with their order. Your child will be taken to the Havenlee canteen to purchase their items.

Mini Blueberry Muffins	60c
Mini Choc Chip Muffins	60c
Mini Chocolate Muffins	60c
Mini Banana Muffins	60c
Apple Juice	\$1.00
Tropical Juice	\$1.00
Sipahh Flavoured Drinking Straws with milk	60c
Chocolate, strawberry, banana, mint chocolate, cookies and cream.	
Choc Chip Biscuits mini bag	60c
Fruit Toast 2 slices with butter	\$1.00
Cheese Toastie	\$1.00
Arnott's Shapes mini bag (Pizza, BBQ or Chicken)	60c

Havenlee Café

Myrtle will be running the Havenlee Café **every Friday** for lunch.

Please send your child's order in their communication book

3 x chicken nuggets	\$1.50
6 x chicken nugget	\$3.00
1 serve of chips (with chicken salt)	\$1.00
Tomato sauce	50c
Barbeque sauce	50c
Chocolate milkshake	\$1.00
Strawberry milkshake	\$1.00

Snuffle Mats

Snuffle mats are interactive feeding mats for dogs (can also be used for cats and guinea pigs). It keeps them entertained looking for food treats that you can hide in the snuffle mat.



Our Year 12 students (and Myrtle) are making snuffle mats to sell as gifts for pets. Money raised will support Vocational Education programs at Havenlee School.

Cost: \$20 per snuffle mat (cash only)

Please phone the school office on 4421 3777 if you would like to purchase a snuffle mat or write a note in your child's communication book





NNPS Canteen Menu



Cold Food

Sandwiches and Salad Boxes

- Vegemite \$1.50
- Jam \$1.50
- Honey \$1.50
- Cheese \$2.00
- Ham \$2.50
- Chicken \$2.50
- Tuna \$2.50
- Salad Box \$3.50
- Fruit Salad Box \$3.50
- Ceasar Salad Box \$3.50

\$5.00

Specials

Monday

Chicken and Gravy Roll

Wednesday

Taco Bowl or Pizza

Friday

Hotdog or Spaghetti

Drinks

- Water \$2.00
- Fruit Juice \$1.50
- Flavoured Milk \$2.00
- Hot Milo (Winter) \$1.00
- Slushie (Summer) \$1.00

Frozen Treats

- Frozen Yogurt \$2.00
- Moosie Frozen Milk \$1.50
- Quelch Sticks \$1.30

Hot Food

- Cheese Toastie \$2.00
- Ham & Cheese Toastie \$2.50
- Pie \$3.00
- Sausage Roll \$3.00
- Chicken Burger \$3.50
- Cheese Burger \$3.00
- Mac & Cheese \$3.00
- Noodle Cup \$2.00
- Chicken Nuggets & Salad \$4.50

Additional Extras

- Lettuce \$0.30
- Tomatoe \$0.30
- Carrot \$0.30
- Cucumber \$0.30
- Beetroot \$0.30
- Sauce \$0.30
- Cheese \$0.50

Snacks

- Popcorn \$0.50
- Fruit Cup \$1.00
- Veggie Cup \$1.00
- Jelly Cup \$1.00
- Yogurt Cup \$1.00
- Custard Cup \$1.00
- Cheese & Cracker Cup \$1.50
- Piece of Fruit \$1.00
- Homemade Muffin \$1.50
- (Vanilla, Blueberry, Banana)
- Packet of Chips \$1.00
- (Rice/Veggie Sticks, Plain, Honey Soy, Mammee Noodles)

Lunch Packs

Cold Food Pack

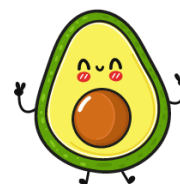
Choice of Cold Food option
Fruit juice or Water
Fruit or Veggie cup
Muffin

Hot Food Pack

Choice of Hot Food option
Fruit juice or Water
Fruit or Veggie Cup
Muffin

\$7.00

\$6.00



Havenlee Fire Bricks



Going camping?

Have a firepit?



**Buy some of our fire bricks to get
your fire started!**

**\$3.00 for 6 fire bricks or
50c each (Cash Only).**

Made from shredding in Vocational Education





Children of all ages living with disability or illness and their families are invited to attend the 2022 KidsWish Christmas Party at Symbio Wildlife Park.

This is the third year the event has been held at Symbio and it has proven itself to be a huge success.

This is a free event where guests will enjoy entry to Symbio, entertainment and lots of fun activities. Children will receive a goody bag, lunch and a Christmas gift to make it an extra special event.

Entry times will be staggered to assist with crowd management. Please select your preferred entry time when registering for your tickets.

There will be no transport provided, so guests will be required to get themselves to and from the event.


Tickets are limited, so order your tickets now so you don't miss out.

THIS IS NOT A SCHOOL EVENT

Order tickets via below link

<https://events.humanitix.com/kidswish-christmas-party-2022>





FREE WORKSHOP FOR DADS & MALE CARERS!

THREE NEW SPEAKERS!

Monday, 24th October 2022
Kiama Downs Surf Club
7.15pm to 8.30pm
 (Bar will be open)

**EVERY DAD IS A
SUPER DAD**

MONDAY, 24th October 2022
Kiama Downs Surf Club

SUPER DAD IS BACK!

Super Dads, uncles, grandfathers and male carers, listen up! This **FREE** event is for you. An opportunity for you to strengthen your knowledge and confidence in supporting your children.

Due to the fantastic turnout and feedback from the first Super Dad event in April this year, we are pleased to let you know that we have **THREE NEW SPEAKERS** for our next Super Dad Workshop.

Come along to our informal setting and enjoy this unique opportunity, while chatting with other dads over a beer. Or maybe you would prefer to simply sit back whilst **Dr. Tom Hilliar, GP** (specialising in paediatrics and mental health), **Tony Swinton, Clinical Psychologist** (background in child and adolescent mental health) and **Nigel Woods, Psychologist** (specialising in men's mental health), share with you their expertise and practical strategies to tackle a range of issues.

NEW TOPICS INCLUDE

Do you ever wonder about your child's developing play, language and motor skills?

Are you ever worried about their hearing, sleep or vision and wonder when you should take them to your GP? Or maybe a specialist?

Do you want to know how to use the first years' 'Blue Book'?

What is a 'worrisome' temperature? What should I have in my first aid kit? Or how do I access the right medical help?

Would you like to know more about supporting your child's mental health through play, praise and emotion coaching?

What about the importance of your own mental health?

Do you know ways to support your wellbeing, in order to support your child?

Book your seat at www.starfishspeechpathology.com.au/super-dad/

This is a free event with donations on the night going to The Man Walk. Numbers are limited, so please book your ticket through our website.

Starfish
Speech Pathology





Shoalhaven Suicide Prevention &
Awareness Network

YOUTH 14 Hour
MENTAL HEALTH FIRST AID TRAINING
REGISTRATION FORM
October 2022

When: Tuesday and Wednesday 25th and 26th October

Time: 8.30 - 4.30 pm both days (This is a 14-hour course)

Where: Mind the Gap Building, Shoalhaven Campus, UOW, George Evans Rd, Mundamia 2540
(Last building on the right as you look at the Campus, next to Noahs)

Cost: **Free course**

SSPAN is pleased to present this with the support of Headspace Community Collaborative's program and Shoalhaven Youth Health

This is two day training, delivered by an MHFA Australia accredited Instructor, including course material, morning tea and lunch both days

Name of Participant

Personal email address (not your work email as it is your accreditation and you may change work emails.
MHFA Australia will send you a reminder when three years comes up to do a 4-hour Refresher to keep you updated.

Contact phone/mobile in case of last minute changes

Place of work

Where did you learn about this course?

Any dietary requirements?

Any disability our facilitators need to be aware of ?

Please return this registration form to Fiona at education@sspan.org.au

Facilitators for this course are [Wendi Hobbs](#)
and [Sammi Stiff](#)

SSPAN is a network of representatives from local services and community organisations. We work closely with the community to raise awareness on suicide with the aim to reduce the impact of suicide in the Shoalhaven.





BECOME A MENTAL HEALTH FIRST AIDER

to support young people aged 12 to 18.

About 1 in 4 young Australians experience a common mental illness each year. Youth Mental Health First Aid (MHFA) training will teach you practical skills to support an adolescent with a mental health problem. Make a real difference to the young people in your community.

YOUTH MHFA TRAINING BENEFITS

KNOWLEDGE

Improves knowledge of mental illnesses, treatments and first aid actions.

CONFIDENCE

Increases confidence in providing first aid.

DE-STIGMATISING

Decreases stigmatising attitudes.

SUPPORT

Increases the support provided to others.

"I found the course to be truly beneficial and useful to me as I interact with secondary school students on a daily basis. I have gained the necessary tools to recognize and help those in need." - Luca



LEARN PRACTICAL FIRST AID SKILLS

- Recognise common mental health problems in young people
- Provide initial help using a practical, evidence-based Action Plan
- Seek appropriate professional help, and
- Respond in a crisis situation

This is a 14-hour educational course, not a therapy or support group.

DATES 25th & 26th October 2022

TIMES 8.30 -4.30 both days

COST NIL

VENUE MIND the GaP UOW Shoalhave campus

FACILITATOR/S
Wendi Hobbs
Sammi Stiff



HOW DO I SIGN UP?

Email registration form to Fiona.education@sspan.org.au

For more information, visit mhfa.com.au/courses



@MHFA_Australia



@mentalhealthfirstaid





NSW and ACT Pathways to Post School Life: A session for young people in Years 10-12 and people who support them

Event Description

The National Disability Insurance Agency (NDIA) would like to invite NSW and ACT students with a disability in Years 10-12, their parents, carers and education professionals, to attend a virtual information session.

This is a session about building skills and paving a pathway to post school life. We will discuss a range of NDIS-funded supports and other assistance to help young people build skills to prepare for their transition, and support them in achieving employment and other goals, post-school.

This session will be delivered via video-conference using Microsoft Teams. Registrations will close three business days before the event. Two business days prior to the event, details to join the session will be sent from events@ndis.gov.au to the email address you provide at registration, so please ensure your registered email address is accurately captured to receive these details.

For any enquiries regarding this session, please contact events@ndis.gov.au and include the session name in the subject line.

Where:

Virtual Information Sessions delivered via Microsoft Teams

Date and Times:

Tuesday, 18 October 2022	7.00pm – 8.00pm (AEDT)
Wednesday, 19 October 2022	12.30pm – 1.30pm (AEDT)
Thursday, 20 October 2022	9.00am – 10.00am (AEDT)
Tuesday, 25 October 2022	8.00am – 9.00am (AEDT)
Wednesday, 26 October 2022	7.00pm – 8.00pm (AEDT)
Thursday, 27 October 2022	12.30pm – 1.30pm (AEDT)
Wednesday, 2 November 2022	9.00am – 10.00am (AEDT)
Thursday, 3 November 2022	7.00pm – 8.00pm (AEDT)

Register:

Please register using the link below via Eventbrite;
[NSW and ACT Pathways to Post School Life](#)

Additional information: Accessibility is important to us and we'll always do our best to support accessibility needs. If you have accessibility requirements, please let us know when you register. Please note, service providers can require up to five (5) business days' notice for bookings.

[ndis.gov.au](https://www.ndis.gov.au)



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Shoalhaven Disability Inclusive Emergency Preparedness Forum



You have been invited to participate in this forum because you have lived experience of disability or work in the area of disability, health or emergency management. We want to learn from your knowledge and experiences about how to make emergency management more inclusive of people with disability and carers.



This workshop is part of a research study being conducted by University of Sydney researchers.

Participation is voluntary, you do not have to participate. It is your choice.

At the workshop you will learn about:

- People-centred approaches to emergency management
- Factors that increase risk for people with disability in emergencies
- Strategies to reduce risk and increase the resilience of people with disability to disaster
- Local community assets that can be shared before, during and after an emergency to keep people safe.

Where & When

16 November 2022 – 10am – 3pm @ the
Dunn Lewis Centre –
141 St Vincent St, Ulladulla
for further inquiries contact Alasdair
Stratton – Vinnies M – 0401863367 or E
– Alasdair.Stratton@vinnies.com.au

Forum registrations bookings
online via Try Booking at
www.trybooking.com/CDIJJ or
via the adjacent QR code





NOAH'S CHALLENGE

Don't miss the Shoalhaven's best family day out!

The Noah's Challenge features a range of checkpoints and activities designed for maximum fun for all ages.

Gather your family and friends together to enjoy this event in support of Noah's Inclusion Services.

**SUNDAY
30
OCTOBER
2022
10am to 3pm**

UOW Shoalhaven Campus
69 George Evans Road
West Nowra
(off Yalwal Road)



**Giant slide
Local performers
Face painting
Dragon Training Zoo
Drumming circles
Teddy Bear Clinic
Art workshop
Checkpoint games
Prizes
Food
Family picnic zone
Smoking ceremony
and much more!**

FREE ENTRY

**BRING A GOLD COIN DONATION
TO NOAH'S INCLUSION SERVICES
OR MAKE AN ONLINE DONATION**



**Visit www.noahschallenge.com.au
or call (02) 4423 5022 for more information**


All proceeds will enhance
Noah's Inclusion Services
programs for local
children and families,
including therapy, education
and support

Thanks to
our major
sponsors:



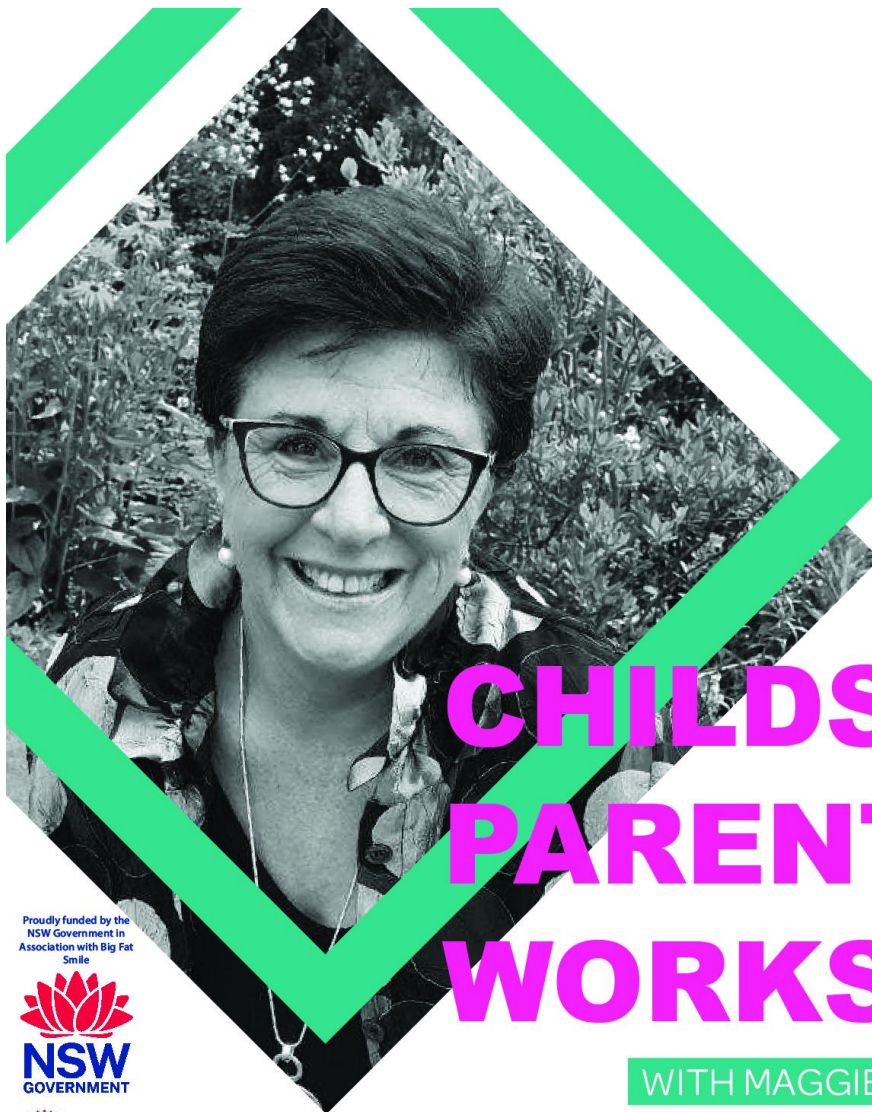
**Regional
NSW**



nowchem
When smarter chemistry matters

HISWAY
ENVIRONMENTAL • CIVIL • EARTHWORKS





CHILDSAFE PARENTING WORKSHOP

WITH MAGGIE DENT

Proudly funded by the
NSW Government in
Association with Big Fat
Smile



Office of the
Children's Guardian



Australian Government
National Office for Child Safety

25
OCTOBER
2022
6-7:30PM
5:30PM LIGHT SUPPER

Ulladulla Civic Centre

Early Learning & Care provider Big Fat Smile is celebrating Children's Week by inviting you to join author, educator and parenting and resilience specialist Maggie Dent as she presents her workshop *"Exploring Children's Anxiety"*.

Maggie will explore what anxiety is and what we, as parents and educators, can do to help reduce anxiety and fear in today's children.



*Tickets are Free
and available at*

www.bigfatasmile.com.au

