



Havenlee School – Yarn Up

Newsletter

75 Judith Drive, North Nowra, NSW, 2541 (PO Box 3082) Ph: 44213777, [Email:havenlee-s.school@det.nsw.edu.au](mailto:havenlee-s.school@det.nsw.edu.au)

Issue 18 - Term 4 – Week 8

Friday 2nd December 2022



From the Principal

Presentation Day Assembly

I would like to remind everyone that our Presentation Day Assembly is on Monday, 5th December. Light refreshments are available from 11:45am and the Assembly starts at 12pm. It would be wonderful to see as many parents, carers, family and friends as possible as the students and staff have been practising their items all term and we would like as many people as possible to share in the celebration for all those who receive awards. It is exciting to be able to have guests present at this year's event.

New students for 2023

At the final Placement Panel for the year (Thursday 24/11) two students were offered positions at our school for 2023, filling up our last vacancies. There will be 7 new students starting; all either Kindergarten or preschool. 4 of them have been transitioning one day a week this term.

Reports

Reports will be emailed to you in week 10 unless you specifically ask for paper copies.

Classes for 2023

At this time of year, I often have parents asking me what class their children will be in for the following year.

It is very difficult to give this information out as I still haven't finalised the class lists. I am daily making changes to the composition of classes. Also staffing can change at the last minute as well. To avoid confusing students if changes occur, they will find out on the first day back in 2023.

Year 12 Graduation

On Wednesday evening the Year 12 Graduation was held. What a wonderful evening it was. The students looked very smart in their formal clothes and the school hall was decorated beautifully. A big thank you to the P&C for donating the money to cover the cost of all the students' and parent/carer meals and the individual cakes, Karen for organising the event so it could run smoothly, Vanessa for collating the Year 12 student photo books and organising the montages for each student, Tracey, Hayley and Donna for taking the photos on the night, P & R Bakehouse in North Nowra who provided us with the cakes and who also did the icing for the gluten free cakes and for all the other behind the scenes helpers (e.g. decorations and setting up the hall) along the way to make everything look so fantastic. It was sad to say goodbye to Jayden, Shayden, Max and Tim but we know that they will have a great time on their next chapter of life.

Please see photos on next page.

Katrina Eyland

Principal

Havenlee School



RESPECTFUL



SAFE



RESPONSIBLE





Up and Coming Events

Term 4 Week 9

Monday – Hydrotherapy & Presentation Day
 Tuesday – Hydrotherapy
 Wednesday – Hydrotherapy
 Thursday – Hydrotherapy

Term 4 Week 10

Monday – Hydrotherapy
 Tuesday – Hydrotherapy
 Wednesday – Hydrotherapy
 Thursday – Hydrotherapy & RAP Award Party
 Friday – Whole School Reward

Weeks 7-11- Safe 'Responsible for my body'

In weeks 7-10 of this term the PBL focus is safe and students being responsible for their bodies. Explicit lessons are being taught in classrooms including following a 1,2,3 and complex instruction, waiting for a cue and purposefully acting with the intention of a specific result. This can be demonstrated in classroom activities, sport, work crews, following instructions and using equipment safely e.g. in the playground or using scissors in the classroom. PBL tickets are given out to students being responsible for their bodies.



Worm Wee
 Dilute 10:1

Havenlee School is operating a school based vermiculture (worm farming) industry to provide our students with authentic "real world" school to work skills.

We would like to supply local businesses and community members with worm wee to fertilise local gardens. We will be delivering our product one day per week in the local area.

If you would like to purchase a 200ml bottle of worm wee for \$2.00 or castings (when available) for \$4.00 per 650ml container, which includes delivery, please place your order in one of the following ways:

1. Phone the school on 4421 3777.
2. Email the school at havenlee-s.school@det.nsw.edu.au

Please provide your address and contact number. Payment is required on delivery.

The project involves all our students through our whole school vocational education program.

Thank you for your support.



Havenlee Canteen Price List (Term 4 2022)
 Thursday 9:30am to 10:15am
 in Waratah Classroom

Open every Thursday including the first and last week of each term.

How to order: Write your child's order in their student diary or on a paper bag and place their money with their order. Your child will be taken to the Havenlee canteen to purchase their items.

Mini Blueberry Muffins	60c
Mini Choc Chip Muffins	60c
Mini Chocolate Muffins	60c
Mini Banana Muffins	60c
Apple Juice	\$1.00
Tropical Juice	\$1.00
Sipahh Flavoured Drinking Straws with milk	60c
Chocolate, strawberry, banana, mint chocolate, cookies and cream.	
Choc Chip Biscuits mini bag	60c
Fruit Toast 2 slices with butter	\$1.00
Cheese Toastie	\$1.00
Arnott's Shapes mini bag (Pizza, BBQ or Chicken)	60c

Havenlee Café

Myrtle will be running the Havenlee Café **every Friday** for lunch.

Please send your child's order in their communication book

3 x chicken nuggets	\$1.50
6 x chicken nugget	\$3.00
1 serve of chips (with chicken salt)	\$1.00
Tomato sauce	50c
Barbeque sauce	50c
Chocolate milkshake	\$1.00
Strawberry milkshake	\$1.00



Snuffle Mats

Snuffle mats are interactive feeding mats for dogs (can also be used for cats and guinea pigs). It keeps them entertained looking for food treats that you can hide in the snuffle mat.



Our Year 12 students (and Myrtle) are making snuffle mats to sell as gifts for pets. Money raised will support Vocational Education programs at Havenlee School.

Cost: \$20 per snuffle mat (cash only)

Please phone the school office on 4421 3777 if you would like to purchase a snuffle mat or write a note in your child's communication book



Anti-Racism at Havenlee School

Havenlee School fosters an anti-racism environment and supports anti-racism education. Havenlee School has Anti-Racism Contact Officers who are trained in building and strengthening the student body in identifying and responding to direct and indirect racism in the school. The Anti-racism Contact Officers have knowledge of relevant policies, how to respond to complaints and hone listening and questioning skills to effectively resolve incidents.

Some useful websites

- The e-Safety commissioner has some great resources for parents and students addressing online safety and behaviour; <https://www.esafety.gov.au/>
- Racism No Way; <https://racismnoway.com.au/>



Chaplains Chat

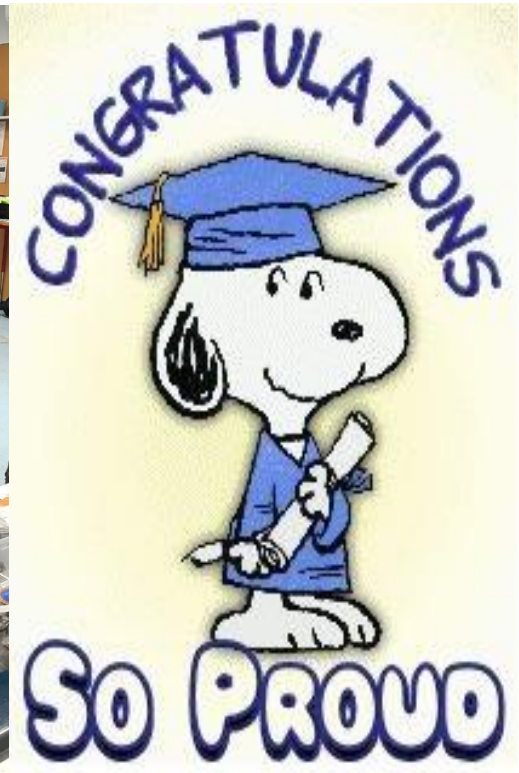
The students from Waratah have really embraced helping in the Canteen. We have a lot of fun as they participate in; serving canteen customers, making Cheese Toasties and learning about the cost of goods. The support provided by all the students and staff who enjoy what is on offer makes the Canteen a special event each week.

Schools out forever! Congratulations and well done to our Year 12 students who graduated this week. Wishing them all the best for the future.

Wow, it's less than a month until Christmas and the holidays are fast approaching! I hope you get to enjoy community events like Carols and gift fairs, photos with Santa, special celebrations and time with family and friends.

Stay safe on the busy roads.

Julie





NNPS Canteen Menu



Cold Food

Sandwiches and Salad Boxes

- Vegemite \$1.50
- Jam \$1.50
- Honey \$1.50
- Cheese \$2.00
- Ham \$2.50
- Chicken \$2.50
- Tuna \$2.50
- Salad Box \$3.50
- Fruit Salad Box \$3.50
- Ceasar Salad Box \$3.50

\$5.00

Specials

Monday

Chicken and Gravy Roll

Wednesday

Taco Bowl or Pizza

Friday

Hotdog or Spaghetti

Drinks

- Water \$2.00
- Fruit Juice \$1.50
- Flavoured Milk \$2.00
- Hot Milo (Winter) \$1.00
- Slushie (Summer) \$1.00

Frozen Treats

- Frozen Yogurt \$2.00
- Moosie Frozen Milk \$1.50
- Quelch Sticks \$1.30

Hot Food

- Cheese Toastie \$2.00
- Ham & Cheese Toastie \$2.50
- Pie \$3.00
- Sausage Roll \$3.00
- Chicken Burger \$3.50
- Cheese Burger \$3.00
- Mac & Cheese \$3.00
- Noodle Cup \$2.00
- Chicken Nuggets & Salad \$4.50

Additional Extras

- Lettuce \$0.30
- Tomatoe \$0.30
- Carrot \$0.30
- Cucumber \$0.30
- Beetroot \$0.30
- Sauce \$0.30
- Cheese \$0.50

Snacks

- Popcorn \$0.50
- Fruit Cup \$1.00
- Veggie Cup \$1.00
- Jelly Cup \$1.00
- Yogurt Cup \$1.00
- Custard Cup \$1.00
- Cheese & Cracker Cup \$1.50
- Piece of Fruit \$1.00
- Homemade Muffin \$1.50
(Vanilla, Blueberry, Banana)
- Packet of Chips \$1.00
(Rice/Veggie Sticks, Plain, Honey Soy, Mammee Noodles)

Lunch Packs

Hot Food Pack

- Choice of Hot Food option
- Fruit juice or Water
- Fruit or Veggie Cup
- Muffin

\$7.00

Cold Food Pack

- Choice of Cold Food option
- Fruit juice or Water
- Fruit or Veggie cup
- Muffin

\$6.00



Havenlee Fire Bricks



Going camping?

Have a firepit?



**Buy some of our fire bricks to get
your fire started!**

**\$3.00 for 6 fire bricks or
50c each (Cash Only).**

Made from shredding in Vocational Education





International Day of People with a Disability is a United Nations observed day that is celebrated world-wide on 3 December each year.

This regional ‘Celebration of Ability calendar’, provides an opportunity to recognise the achievements and contributions that people with a disability make to our community.

**This is your opportunity to join in our Celebration of Ability.
Have fun and enjoy yourself!**

Please click below link to see the calendar

<https://www.shellharbour.nsw.gov.au/whats-on/council/annual-celebration-ability>



FUN DAY

FREE EVENT

Please Join Community Gateway
in celebrating International Day of Person with
Disabilities in a day full of Activities and fun.

Date - Wednesday 7th December

Located - 69 Berry Street Nowra

Time - 10am-2:00pm

Emergency services

Gateway Life who will provide chronic pain and

fatigue briefings

Yoga/meditation

Reptile Exhibit

Various other activities throughout the day



**Community
Gateway**

*Everything we are
is relevant to YOU*



**International Day of
People with Disability**





Celebrating

**International Day
of People with
Disability**

Ride On

RACERS

**Join us for all-ability joyrides
on modified lawn mowers**

Sat 3 Dec, 9:30am – 12:30pm

Bomaderry Community Centre – 19 Birriley St, Bomaderry



<https://bit.ly/3hY9kGm>

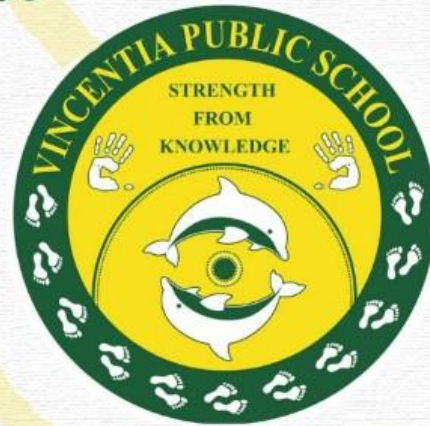
Shoalhaven
City Council

CareSouth
EVERYDAY

**FREE
FUN
for all
12 & over**
**RSVP
asap!**



Vincentia Public
School's



30TH BIRTHDAY

FREE ENTRY

WHAT TO EXPECT:

FOOD/DRINK TRUCKS | LIVE MUSIC | DANCE AND CHOIR
PERFORMANCES | STALLS | CLASS ARTWORKS AND
VIDEO DISPLAYS | JUMPING CASTLES | FACE PAINTING |
HAIR SPRAY | RAFFLES | LUCKY DIPS | NOVELTY GAMES
AND MUCH MORE!

10AM TO 3PM
SATURDAY, 10TH DECEMBER
2022

GEORGE CALEY PLACE,
VINCENTIA





Career Guidance Forum for Carers

Do you care for a family member living with a disability, mental illness or health condition? Have your caring responsibilities impacted your career?

Join Carers NSW and TAFE NSW at this free forum for women whose careers have been impacted by caring responsibilities. You will learn how to transfer skills from your care role, set career goals and access free upskilling opportunities. You will also receive support to regain confidence in the workforce.

The forum details are:

Wednesday 7 December 2022
9.30am to 12.30pm (morning tea included)
Noah's Inclusion Services, UOW Shoalhaven Campus
69 George Evans Road, Mundamia

Childcare and transport are available upon request.

This forum is part of the Carer Career Guidance Project funded by the Australian Government Department of Industry, Science, Energy and Resources.

Please phone Arpita Swarmi on (02) 9280 5744 for more information or Noah's on (02) 4423 5022 to book.



RESPECTFUL



SAFE



RESPONSIBLE





BEACH PATROLS

Daily summer patrols will commence on Saturday, 17 December 2022 at below beaches only:

- Culburra Beach (near Surf Club)
- South Mollymook (near Surf Club)

Additional patrols will commence at Shoalhaven Heads, Crookhaven Heads, Tilbury Cove, Cudmirrah / Berrara, Narrawallee and North Mollymook from Monday 19 December 2022.

From Sea Pools at the beach to poolside in our Centres, it's vitally important to be aware of both yourself and your children when in and around water. For your own safety and the safety of others, ***we strongly recommend swimming at patrolled beaches.***

To make your next trip to the beach safer - ***always swim between the red and yellow flags.***

To check your nearest patrolled beach and live updates, ***scan the QR code*** and visit the Beachsafe website.





Community Gateway

Ability Picnic in the Park.

Come Join us and celebrate International Day of People with Disability.

Date - 8th December

Located - Stuart Park

Time - 11am-1pm

FREE EVENT

BBQ, Fun games, stalls ,sensory activities for all abilities.



Community Gateway

Everything we are is relevant to YOU.



Bomaderry Day Program

U2 54 Bolong Road
Bomaderry NSW 2541
Phone: 02 7202 9221

For enquiries, please call 02 7202 9221

NDIS Registered Service Provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cooking Group</p> <p>9:00 am – 12:00pm No charge</p> <p>Build your skills and confidence and cook a meal or yummy deserts. Enjoy eating your lunch with friends.</p>	<p>Art/Craft Group</p> <p>9:00 am – 12:00 pm No charge</p> <p>This group allows you to express yourself with different forms of painting and get in touch with your creative side.</p>	<p>Picnic Group</p> <p>9:00 am – 12:00 pm No charge</p> <p>Create a yummy morning tea to take out on a picnic where you can enjoy socialising in the company of friends.</p>	<p>Library & Fitness Group</p> <p>9:00 am – 12:00 pm Cost: \$15.00 – for fitness class</p> <p>Enjoy going to the library then get fit with friends by attending a Fitness class with professional trainers.</p>	<p>Cooking Group</p> <p>9:00 am – 12:00 pm No charge</p> <p>Build your skills and confidence and cook a meal or yummy deserts. Enjoy eating your lunch with friends.</p>
<p>Lego Building Group</p> <p>12.30 pm – 2:30 pm No charge</p> <p>Challenge yourself to build something wonderful out of Lego and enjoy socialising with friends.</p>	<p>Outings Adventure Group</p> <p>12:30 pm – 4:00pm Cost: Varies each week</p> <p>Enjoy exploring the local area by taking day trips to experience many different sites and activities</p>	<p>Science Group</p> <p>12:30 pm – 2:30 pm No charge</p> <p>Come along and enjoy trying new science experiments as well as socialising with friends in a fun & safe environment.</p>	<p>Ten Pin Bowling Group</p> <p>12.30 pm – 2.30 pm Cost: \$13.00 - subject to change</p> <p>Come along and join the fun of Ten pin bowling and build lasting friendships in a fun environment. This is for two games.</p>	<p>Photography Group</p> <p>12.30 pm – 2.30 pm No charge</p> <p>Bring your camera, phone, or iPad along to this group and take keepsake photos and enjoy the company of likeminded people.</p>
<p>Art/Craft Group</p> <p>2:30 pm – 4:00 pm No charge</p> <p>An excellent way to express yourself & allow yourself to relax and be creative & experience different craft activities.</p>	<p>Outings Adventure Group</p> <p>Outings may include:</p> <ul style="list-style-type: none"> • Local zoos • The 100-beach challenge • Visit lighthouses • Day trips • Fishing 	<p>Social & Games Group</p> <p>2:30 pm – 4:00 pm No charge</p> <p>Join in for a fun time playing board or card games or having a chat with a tea or coffee and build lasting friendships.</p>	<p>Nibbles & Paint</p> <p>2:30 pm – 4:00 pm No charge</p> <p>Follow along with our support workers and enjoy creating beautiful art while chatting with friends in a casual environment.</p>	<p>Dungeons & Dragons</p> <p>2.30 pm – 4:00 pm No charge</p> <p>D & D is a game all about telling stories, becoming a character, and having fun with friends.</p>
<p>Transport is available</p>		<p>Dinner Social Group</p> <p>5:00 pm – 8:00 pm Cost: Varies each week</p> <p>Eating dinner at a different club or restaurant each week.</p>	<p>Remmy's Day Programs</p> <p>Remmy's Day Centre Programs have a strong focus on group activities that builds our participants community participation, social engagement, and long-lasting friendships. Each outing is based on the individual's level of disabilities. At Remmy we welcome your ideas.</p>	



You're Invited!



LET'S TALK OVER TEA

To celebrate International Day of People with Disability, The Flagstaff Group will be hosting a morning tea to celebrate all abilities.

Have a cuppa, take a seat and listen to indigenous community members as we share experiences and grow together as a community.

Wednesday 7 December 2022

10.00am - 11.30am

Flagstaff Life Choices

102 Pitt Street , North Nowra

To RSVP call (02) 4272 0222



Proudly sponsored by Shoalhaven City Council

